### **Wet Sex**

#### Wow man!!



I never knew I was missing out...I met this fine lady...









Ao mfethu, ware tight, ne ke relela-wet sex, that was the best I ever had, I'm never going back to dry sex!

Ware monate gone gole wet



: Heela tlhe monna lack, wake up and smell the coffee...dry sex e tla go thubela condom, gape e kgobola bonna jo jwagago o bo felela o tsenwe ke HIV kana malwetse a mangwe a dikobo!



Hei ene o bua nnete monna. kana ha o simolola e le dry, ko pele go nna wet, ene gone hoo... ke gone ha o utlwang monate o o pekisang... yaah neh, wet sex is the way to go mfana!

Sure buddy, e monate e le wet... gape it's safe



For more information and questions concerning the contents of this brocure

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# What You Need to Know about **HIV Risks**

### **Botswana HIV-MARPs Project**







### Let's Talk About Sex

Sex is natural and should be enjoyable. However, with HIV and STIs there are risks that we must know about to protect ourselves.

To protect yourself, you need to know the facts, and know how to avoid becoming infected.

# How Do You Get Infected with HIV?

HIV is passed through the sexual fluids or blood of an infected person. When infected blood or sexual fluid enters into your body, you can become infected. You can get infected with HIV by having sex with an infected person. A baby can also be born with HIV if the mother is infected; and some people become infected by blood transfusions.

HIV cannot be caught by kissing, hugging, or shaking hands with an infected person, and it cannot be transmitted by sneezing, touching door handles, or drinking from dirty glasses.

### What is Safe Sex?

Safe sex means sexual activities that you can do without passing/getting HIV or STIs. You can kiss, cuddle, and massage each other. But if you have any cuts or sores on your skin, make sure they are covered with a bandage.

### What Is Safer Sex?

Safer sex means using protective measures such as a condom during sex. However, a condom is not 100% safe, because condoms can break. Condoms can be effective when they are used correctly and consistently.

Oral sex (kissing, licking, or sucking the sexual parts of your partner) carries some risk of HIV infection. For example, if you suck the penis of an infected man, infected fluid could get into your mouth. The virus could then get into the blood. If you have bleeding gums or tiny sores in your mouth, the risk is even higher. The same is true if infected sexual fluids from a woman get into the mouth of her partner. But infection from oral sex is generally low.

## How Can I Tell if Someone Is Infected with HIV?

You cannot tell by looking at a person that he/she is infected with HIV. The only way to know is by getting an HIV test. If the test is negative, you will be asked to wait three months after your last risky sexual contact before having another test. This is because the virus is difficult to detect immediately after infection.

### **Dry Sex/Tight Vagina**

Hie choma, I overheard your client gossiping about you, are o ne ole metsi thata.

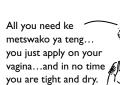


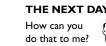
Ao mma that's so hurtful, tota gatwe what am I supposed to do to satisfy these men?



Don't you cry my baby, let me teach you the secrets of this industry... wena o ngwana...

Wena kana gao tshamekele mo industring...ntseya mo dijong...









Ke bone Disaster, I used yone metswako ya teng and yes I was dry...so dry that I could feel my vaginal lining tearing when he was thrusting and worse still the condom blasted, he was bruised, I was bruised ..it was a bloody sight...

My vagina is still sore as we speak, I am not going to be able to work for a week or two... Just imagine how much money I am going to lose, Ke bakile waitse.

### Facts about Sex and the Vagina

- Dry sex causes bruises and tears in the vagina and on the penis.
- These tears and bruises create pathways for HIV to enter the bloodstream.
- Wet sex is best: Always use a condom correctly with a water-based lubricant.